

# Safety Alert: Winter Holidays

*It's getting colder in many countries*

Tips and tools for a safe, happy winter season or holiday!



School holidays are a great time for the whole family to take a break, or go away on holidays. While it's hot in Australia, many countries are about to head into winter, and many Aussie families escape the searing heat by visiting colder places. We spoke last week about a few precautions to take during the summer months, and today we'll take a look at a few of the safety hazards to think about during winter.

Winter holidays can be great for families all over the world. Those in hot countries can escape overseas for a ski season, while others get to enjoy a beautiful white Christmas from the comfort of their home. It can be a little difficult for children with

families however, as the cold, particularly ice, rain and snow, can be difficult for children and infants.

First and foremost, ensure that your children are properly dressed and prepared for cold weather. A multitude of illnesses can come from exposure to extreme weather, and the coldest months are commonly those in which children can contract the flu. Hydration and nutrition are highly important at all times, but particularly in winter while children are more susceptible to catching a cold.



When venturing outdoors, ensure that children are insulated and comfortable, with a focus on the extremities – beanie, gloves, scarves and socks are all ideal. Waterproof gear is recommended for rain and snow, as well as comfortable shoes with a strong grip to avoid slipping.

Many prefer to remain indoors during the colder days! Heaters and fireplaces are common in many parts of the world, but these can be hazardous to children who may be unaware of the dangers of high-heat items.

While we always say to never leave a child unattended, take extra caution in a space with a working heater or an open fire, as these can lead to burns and other injuries. Always ensure that a heater is turned off, or a fire is put out, before leaving the house.



The Dreambaby® 3-in-1 Royale Converta Play-Pen is an ideal tool to protect children from injuring themselves at a fireplace. The panels can block children from getting too close to the fire – and during the warmer months, the Play-Pen has countless other uses!



*The Dreambaby® Play-Pen is a great multi-purpose item for the home!*

One of the best parts of winter is the warm, hearty soups, stews and other dishes that really hit the right spot on the coldest of nights. Many winter meals involve slow cooking, hours in the oven or simmering away on the stove.

It's extremely important to make sure that children stay far away from the kitchen during these times, as they can scald or burn themselves on pots, pans or dishes – especially if they have been hot for hours on end. The

Dreambaby® Stove Top Guard is one example of many great preventative kitchen tools.



*The Dreambaby® Stove Top Guard is an effective kitchen safety solution*

However, the safest solution is to keep children away from the kitchen entirely.

Dreambaby® has an excellent range of safety gates which are ideal for this, and the Play-Pen can again come in handy if a parent needs to supervise an infant while cooking.



*With Dreambaby®'s extensive range of safety gates, you'll be guaranteed to find one which fits your home décor and safety needs perfectly.*

Drive slowly and carefully on roads which may have sleet or snow, especially when

children are on board, as cars can lose their grip on dangerous roads. Make sure that children are securely strapped in with seatbelts, and extra protection, such as the Dreambaby® Bump Belt, is highly recommended for pregnant women, as this provides padding for the unborn child in case of an accident.



*The Dreambaby® Bump Belt™ is a fantastic safety accessory for pregnant women.*

While many people prefer the hotter months, winter is around the corner for many, while many more are looking forward to ski seasons and cold getaways over the Christmas break. With these simple tips and tools, winter can be a safe, healthy and relaxing time for children and their families.